

BREAKFAST SANDWICHES & WRAPS

BUTTERED BAGEL	2.99
CREAM CHEESE BAGEL	3.99
EGGS ON A ROLL	4.49
PREMIUM BREAKFAST SANDWICH	6.99
EGGS AND CHEESE ON A ROLL WITH YOUR CHOICE OF MEAT: BACON, SAUSAGE, HAM, TURKEY, CHICKEN, STEAK, ROAST BEEF, TURKEY BACON OR PASTRAMI	
9. SMART START	7.99
TURKEY, EGG WHITES & SWISS CHEESE ON A WRAP	
10. MORNING PROTEIN	7.99
GRILLED CHICKEN, EGG WHITES & SWISS ON A WRAP	
11. VEGGIE WHITES WRAP	7.99
EGG WHITES, TOMATO, SPINACH, PEPPERS, ONIONS WRAP	
12. HANGRY	7.99
HAM, EGGS OVER EASY & CHEDDAR ON A CROISSANT	
13. BACON RUSHIN'	7.99
BACON, EGGS, CHEESE & RUSSIAN ON A CROISSANT	
14. BUFFALO BURRITO	7.99
BUFFALO CHICKEN, EGGS, PEPPERJACK, CHIPOTLE, WRAP	
15. LOADED POTATO BURRITO	7.99
BACON, EGGS, CHEDDAR, POTATOES, SOUR CREAM, WRAP	
16. BUTTER SWEET	7.99
HONEY TURKEY, EGGS, MUNSTER & HONEY MUSTARD ON A CROISSANT	
17. AVOCADOS GOT BEEF	8.99
ROAST BEEF, EGGS, SWISS & AVOCADO ON A WRAP	
18. HUNGRY MAN	11.99
BACON, SAUSAGE, HAM, 3 EGGS & CHEESE ON A HERO	
19. HANGOVER AT STEAK	11.99
STEAK, 3 EGGS, CHEESE, PEPPERS, ONIONS & MAYO, HERO	

OMELETTES & PLATTERS

PLATTERS SERVED WITH HOME FRIES, TOAST & SMALL HOT COFFEE OR TEA		
	OMELETTE ONLY	PLATTER
20. CLASSIC PLATTER	7.99	12.99
CHOOSE BACON, SAUSAGE OR HAM WITH EGGS & CHEESE		
21. WESTERN OMELETTE	7.99	12.99
HAM, EGGS, CHEESE, PEPPERS & ONIONS		
22. SPANISH OMELETTE	7.99	12.99
EGGS, CHEDDAR, JALAPENOS, ONIONS & SALSA		
23. BROCCOLI CHEDDAR OMELETTE	7.99	12.99
EGG WHITES, BROCCOLI & CHEDDAR		
24. FARMERS OMELETTE	7.99	12.99
SAUSAGE, EGGS, CHEESE & MUSHROOMS		
25. GREEK OMELETTE	7.99	12.99
EGG WHITES, SPINACH & FETA CHEESE		

BREAKFAST SIDES & TOPPINGS

SIDE OF HOME FRIES:	SM- 3.49	LG- 4.49
HOME FRIES ON SANDWICH		1.00
HASHBROWNS		1.50
EGG, CHEESE, TOMATOES		.50
MUSHROOMS, ONIONS, PEPPERS		.50
SPINACH, BROCCOLI, AVOCADO		1.00
UPGRADE TO A WRAP OR CROISSANT		1.00
UPGRADE TO A CIABATTA PANINI		2.00
UPGRADE TO A HERO		3.00
ADD MEAT OR EXTRA MEAT		2.00
BACON (6 STRIPS) OR TURKEY BACON (4 STRIPS)		4.99

BREAKFAST SERVED UNTIL 2PM

FROM THE GRIDDLE

26. PANCAKES	7.99
3 PANCAKES WITH BUTTER & SYRUP ADD 1.00 FOR BLUEBERRY, BANANA OR CHOCOLATE CHIP	
27. PANCAKES DELUXE	12.99
CHOICE OF: BACON, SAUSAGE OR HAM WITH EGGS & PANCAKES	
28. FRENCH TOAST	7.99
3 SLICES OF THICK FRENCH TOAST WITH BUTTER & SYRUP	
29. FRENCH TOAST DELUXE	12.99
CHOICE OF: BACON, SAUSAGE OR HAM WITH EGGS & FRENCH TOAST	
30. OATMEAL	4.99
TOPPINGS (1.00 EACH): PEANUT BUTTER, GRANOLA, BANANA OR BLUEBERRIES	

HOT & COLD SANDWICHES

SERVED ON A ROLL, WHITE, WHEAT OR RYE	
CHEESE	6.99
AMERICAN, SWISS, PEPPERJACK, MOZZARELLA, CHEDDAR, MUNSTER OR PROVOLONE CHEESE	
TURKEY	8.99
OVEN GOLD, PEPPERMILL, HONEY OR CAJUN TURKEY	
SLICED CHICKEN BREAST	8.99
CLASSIC, EVER ROAST OR BUFFALO CHICKEN BREAST	
HAM	8.99
DELUXE, VIRGINIA, HONEY OR HAM CAPPY	
PROSCIUTTO	8.99
ROAST BEEF	8.99
GENOA SALAMI	8.99
PASTRAMI	8.99
CORNED BEEF	8.99
BOLOGNA	8.99
PEPPERONI	8.99
BREADED CHICKEN CUTLET	8.99
GRILLED CHICKEN	8.99
SAUSAGE & PEPPERS	8.99
MEATBALLS	8.99
FISH FILLET	8.99
TUNA SALAD	8.99
CHICKEN SALAD	8.99
CRABMEAT SALAD	8.99
EGG SALAD	8.99



SANDWICH TOPPINGS

LETTUCE, TOMATO, ONIONS	.25
CHEESE, GRAVY, GARLIC BREAD	.50
JALAPENOS, OLIVES, ROASTED RED PEPPERS	.50
AVOCADO, SPINACH	1.00
UPGRADE TO A WRAP OR CROISSANT	1.00
UPGRADE TO A CIABATTA PANINI	2.00
UPGRADE TO A HERO	3.00
BACON, TURKEY BACON OR EXTRA MEAT ON IT	2.00

SALAD BAR

CUSTOM SALADS: SMALL 7.99 OR LARGE 10.99

BASE:

ROMAINE, ICEBERG OR SPRING MIX

PROTEIN: 3.00 EACH

GRILLED CHICKEN, BREADED CHICKEN, CHICKEN SALAD, TUNA, EGG SALAD, CRABMEAT OR GYRO MEAT

VEGGIES:

GRAPE TOMATOES, CUCUMBERS, CARROTS, RED ONIONS, RED PEPPERS, GREEN PEPPERS, PICO DE GALLO, OLIVES, JALAPENOS, ROASTED PEPPERS

EXTRA TOPPINGS: 1.00 EACH

SHREDDED CHEESE, BOILED EGG, AVOCADO, BACON BITS FETA CHEESE, CROUTONS, WALNUTS, DRIED CRANBERRIES

DRESSING:

BALSAMIC, ITALIAN, RANCH, CAESAR, GREEK, RUSSIAN, HONEY MUSTARD, OIL & VINEGAR, BLUE CHEESE, RASPBERRY VINAIGRETTE

CLASSIC SALADS

	SMALL	LARGE
31. GARDEN SALAD	7.99	10.99
LETTUCE, TOMATOES, CUCUMBERS, CARROTS, PEPPERS & ONIONS		
32. CAESAR SALAD	7.99	10.99
ROMAINE, PARMESAN CHEESE, CROUTONS & SIDE OF CAESAR DRESSING		
33. CHICKEN CAESAR SALAD	10.99	13.99
34. GREEK SALAD	7.99	10.99
LETTUCE, TOMATOES, CUCUMBERS, OLIVES, ONIONS, FETA CHEESE & A SIDE OF GREEK DRESSING		
35. CHICKEN TERIYAKI SALAD	10.99	13.99
GRILLED TERIYAKI CHICKEN, PEPPERS & ONIONS, LETTUCE & TOMATOES		
36. BUFFALO CHICKEN SALAD	10.99	13.99
CHICKEN CUTLET, HOT SAUCE, LETTUCE, TOMATO, CARROTS & RANCH ON TOP		
37. CRISPITE SALAD	10.99	13.99
CHICKEN CUTLET, SHREDDED CHEESE, LETTUCE, TOMATOES & ONIONS		
38. AMERICAN CHEF SALAD	10.99	13.99
TURKEY, ROAST BEEF, HAM, CHEESE, BOILED EGG, LETTUCE & TOMATOES		
39. ITALIAN CHEF SALAD	10.99	13.99
HAM CAPPY, SALAMI, PEPPERONI, PROVOLONE CHEESE, BOILED EGG, LETTUCE, TOMATOES & A SIDE OF ITALIAN DRESSING		
40. COBB SALAD	10.99	13.99
GRILLED CHICKEN, SHREDDED CHEESE, BACON, BOILED EGG, LETTUCE, TOMATO		

HOMEMADE SALADS BY THE POUND

POTATO SALAD, MACARONI SALAD, COLESLAW	7.99
EGG SALAD, CUCUMBER & TOMATO	9.99
PENN DUTCH POTATO SALAD, BEAN SALAD	9.99
ANTIPASTA, TUNA, CRABMEAT, CHICKEN SALAD	12.99

CATERING

NEED CATERING? CALL OR VISIT US ONLINE:
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Sunday: 7am - 3pm



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WRAPS

WHITE, WHEAT, SPINACH OR TOMATO WRAPS

- 41. HEALTHY TUNA WRAP** 10.99
TUNA, SWISS CHEESE, LETTUCE, TOMATO & ONIONS
- 42. EGG SALAD CLUB WRAP** 10.99
EGG SALAD, BACON, LETTUCE & TOMATO
- 43. CHICKEN CAESAR WRAP** 10.99
GRILLED CHICKEN, ROMAINE, PARMESAN & CAESAR
- 44. GRILLED VEGETABLE WRAP** 10.99
GRILLED VEGETABLES, MELTED MOZZARELLA & BALSAMIC
ADD GRILLED CHICKEN- 2.00
- 45. PEPPERMILL WRAP** 10.99
PEPPERMILL TURKEY, PEPPERJACK CHEESE,
LETTUCE, TOMATO & RANCH DRESSING
- 46. TURKEY CLUB WRAP** 11.99
TURKEY, BACON, LETTUCE, TOMATO & MAYO
- 47. TURKEY BURGER WRAP** 11.99
TURKEY BURGER, TURKEY BACON, CHEDDAR & MAYO
- 48. EVER SWEET WRAP** 10.99
EVER ROAST CHICKEN BREAST, SPINACH, ROASTED
PEPPERS & HONEY MUSTARD
- 49. BUFFALO CHICKEN WRAP** 10.99
CHICKEN CUTLET, PEPPERJACK, LETTUCE, TOMATO
BUFFALO SAUCE & RANCH
- 50. BBQ CHICKEN WRAP** 10.99
CHICKEN CUTLET, CHEDDAR, GRILLED ONIONS & BBQ SAUCE
- 51. GREEK WRAP** 11.99
GRILLED CHICKEN, FETA, CUCUMBERS, OLIVES, LETTUCE,
TOMATO & TZATZIKI SAUCE

FROM THE GRILL

- 52. B.L.T. ON A ROLL** 7.99
- 53. GRILLED CHEESE** 4.99
WITH BACON OR HAM 6.99
- 54. BEEF GYRO** 9.99
PITA WITH LETTUCE, TOMATO, ONIONS & TZATZIKI SAUCE
- 55. BEEF GYRO DELUXE** 13.99
BEEF GYRO WITH FRENCH FRIES
- 56. TUNA MELT** 9.49
TUNA & MELTED AMERICAN CHEESE ON RYE TOAST
- 57. GRILLED REUBEN** 9.99
HOT CORNED BEEF, MELTED SWISS, SAUERKRAUT
& RUSSIAN DRESSING ON RYE TOAST
- 58. PASTRAMI MELT** 9.99
HOT PASTRAMI, SWISS, ONIONS & MUSTARD ON RYE TOAST
- 59. ROAST BEEF MELT** 10.99
RARE ROAST BEEF, MELTED CHEDDAR, GRILLED ONIONS &
GRAVY ON A CROISSANT
- 60. QUESADILLAS- WITH A SIDE OF SOUR CREAM & SALSA**
CHEESE: 8.99
VEGGIE: 10.99
CHICKEN: 10.99
STEAK: 10.99
- 61. PHILLY CHEESE STEAK** 12.99
STEAK, CHEESE, PEPPERS, ONIONS & MAYO ON A HERO
- 62. CHICKEN PHILLY** 12.99
GRILLED CHICKEN, CHEESE, PEPPERS, ONIONS, MAYO, HERO
- 63. CHIPOTLE CHEESE STEAK** 12.99
STEAK, PEPPERJACK, PEPPERS, ONIONS, JALAPENOS &
CHIPOTLE SAUCE ON A HERO
- 64. AVOCADO CHEESE STEAK** 13.99
STEAK, MOZZARELLA, PEPPERS, ONIONS, AVOCADO &
MAYO ON A HERO
- 65. BBQ BACON CHEESE STEAK** 13.99
STEAK, CHEDDAR, BACON, PEPPERS, ONIONS, BBQ, HERO

SIDES

- FRENCH FRIES** SM- 4.99 LG- 6.99
- ONIONS RINGS** SM- 4.99 LG- 6.99
- CHEESE FRIES** 5.99
- LOADED FRIES (Cheddar, Bacon & Ranch)** 7.99
- CHICKEN WINGS (6 pc with side of Buffalo Sauce)** 8.99
- CHICKEN WINGS & FRIES** 11.99

PREMIUM BURGERS

DELUXE BURGERS SERVED WITH FRENCH FRIES & COLE SLAW
MAKE ANY BURGER A DOUBLE FOR 2.99

- | | <u>SANDWICH</u> | <u>DELUXE</u> |
|---|-----------------|---------------|
| 66. CHEESEBURGER | 6.99 | 11.99 |
| 100% BEEF, AMERICAN, LETTUCE, TOMATO, MAYO | | |
| 67. LOADED BACON CHEESEBURGER | 8.99 | 13.99 |
| 100% BEEF, BACON, AMERICAN, LETTUCE, TOMATO,
PICKLES, ONIONS, MAYO & KETCHUP | | |
| 68. SPICY BAJA BURGER | 8.99 | 13.99 |
| 100% BEEF, PEPPERJACK, JALAPENOS, GRILLED
ONIONS & CHIPOTLE SAUCE | | |
| 69. CALIFORNIA BURGER | 8.99 | 13.99 |
| 100% BEEF, BACON, CHEDDAR, AVOCADO & MAYO | | |
| 70. SMOKY MOUNTAIN BURGER | 8.99 | 13.99 |
| 100% BEEF, SWISS, BACON, MUSHROOMS,
ONION RINGS & BBQ SAUCE | | |
| 71. CHICKEN BURGER | 8.99 | 13.99 |
| GRILLED CHICKEN, LETTUCE, TOMATO & MAYO | | |
| 72. BUFFALO BLUE CHICKEN BURGER | 8.99 | 13.99 |
| BREADED CHICKEN CUTLET, LETTUCE, TOMATO,
HOT SAUCE & BLUE CHEESE | | |
| 73. AVOCADO CLUB CHICKEN BURGER | 8.99 | 13.99 |
| GRILLED CHICKEN, BACON, LETTUCE, TOMATO,
AVOCADO & RANCH | | |
| 74. TURKEY BURGER | 6.99 | 11.99 |
| WITH LETTUCE, TOMATO & MAYO | | |
| 75. VEGGIE BURGER | 6.99 | 11.99 |
| WITH LETTUCE, TOMATO & MAYO | | |



SPECIALTY SANDWICHES

BIG FLAVOR SERVED ON BIG HEROS

- 76. ALL AMERICAN** 12.99
TURKEY, ROAST BEEF, HAM, AMERICAN CHEESE,
LETTUCE, TOMATO & MAYO
- 77. ITALIAN COMBO** 12.99
HAM CAPPY, GENOA SALAMI, PEPPERONI, PROVOLONE
LETTUCE, TOMATO, ONIONS, OIL & VINEGAR
- 78. THE GODFATHER** 13.99
CHICKEN CUTLET, PROSCIUTTO, PROVOLONE,
LETTUCE, TOMATO, ONIONS, OIL & VINEGAR
- 79. BLONDE BOMBSHELL** 12.99
TURKEY, ROAST BEEF, SWISS CHEESE & COLESLAW
- 80. SUBWAY SERIES** 13.99
CHICKEN SALAD, AMERICAN CHEESE, BACON,
LETTUCE & TOMATO
- 81. RAGIN' CAJUN** 13.99
GRILLED CAJUN TURKEY, PEPPERJACK, BACON, PICKLES,
ROASTED PEPPERS & CHIPOTLE ON A GARLIC HERO
- 82. MONTE CRISTO** 12.99
GRILLED TURKEY & HAM, MELTED SWISS & MAYO ON A
GARLIC HERO
- 83. THANKSGIVING FEAST** 12.99
GRILLED TURKEY, MELTED MOZZARELLA & GRAVY ON A
GARLIC HERO
- 84. THE DUKE** 12.99
HOT ROAST BEEF, MELTED PEPPERJACK & BBQ SAUCE
ON A GARLIC HERO
- 85. BACON CHICKEN MELT** 12.99
SLICED CHICKEN BREAST, BACON, MELTED AMERICAN
CHEESE & HONEY MUSTARD
- 86. BUFFALO CHICKEN MELT** 12.99
BUFFALO CHICKEN BREAST, PEPPERJACK, JALAPENOS
& CHIPOTLE SAUCE
- 87. CORDON BLEU** 12.99
CHICKEN CUTLET, GRILLED VIRGINIA HAM, MELTED
SWISS & HONEY MUSTARD
- 88. CHICKEN A LA VODKA** 12.99
CHICKEN CUTLET, FRESH MOZZARELLA & VODKA
SAUCE ON A GARLIC HERO
- 89. CHICKEN BACON RANCH** 13.99
GRILLED CHICKEN, MELTED CHEDDAR, BACON,
LETTUCE, TOMATO & RANCH
- 90. STRONG ISLAND** 13.99
CHICKEN CUTLET, MELTED MOZZARELLA, BACON
& GRAVY
- 91. RINGS & THINGS** 13.99
CHICKEN CUTLET, BACON, CHEDDAR, ONIONS RINGS
& BBQ SAUCE

Ask for "THE WORKS"
For a Burst of Delicious Flavor
(Mayo, Salt, Pepper, Oil, Vinegar & Oregano)

SIGNATURE PANINIS

SERVED ON A PRESSED CIABATTA
PLEASE ALLOW TIME TO PRESS

- 92. BALSAMIC GRILLER** 11.99
GRILLED CHICKEN, FRESH MOZZARELLA, ROASTED
PEPPERS & BALSAMIC VINAIGRETTE
- 93. BEEF & CHEDDAR** 12.99
ROAST BEEF, CHEDDAR, ONIONS, HORSERADISH SAUCE &
GARLIC SPREAD
- 94. CHICKEN CAPRESE** 11.99
BREADED CHICKEN CUTLET, MOZZARELLA, TOMATO,
BASIL, OIL & VINEGAR
- 95. CUBANO** 11.99
HONEY HAM, SWISS, SLICED PICKLES, MAYO & MUSTARD
- 96. EGGPLANT PANINI** 11.99
EGGPLANT, FRESH MOZZARELLA, ROASTED PEPPERS &
BALSAMIC VINAIGRETTE
- 97. FIESTA** 11.99
GRILLED CHICKEN, AVOCADO, PICO DE GALLO &
CILANTRO MAYO
- 98. FLORENTINE** 11.99
GRILLED CHICKEN, MOZZARELLA, SPINACH & LEMON MAYO
- 99. FOREVER ROAST** 12.99
EVER ROAST CHICKEN BREAST, BACON, MUNSTER
CHEESE, SPINACH, TOMATO & CHIPOTLE
- 100. PESTO PANINI** 11.99
BREADED CHICKEN CUTLET, MOZZARELLA, SPINACH,
TOMATO & PESTO SPREAD
- 101. PORKY FIG** 12.99
PROSCIUTTO, GRATED PARMESAN, SPINACH, FIG JAM &
BALSAMIC VINAIGRETTE
- 102. T&N** 11.99
TURKEY, BACON, CHEDDAR CHEESE & RUSSIAN
DRESSING
- 103. TOMATO MOZZARELLA** 11.99
FRESH MOZZARELLA, TOMATO, BASIL, ROASTED
PEPPERS & BALSAMIC VINAIGRETTE
- 104. VALLEY BROOK** 11.99
HONEY TURKEY, MUNSTER CHEESE, ROASTED PEPPERS &
HONEY MUSTARD

DAILY FRESH

FRESH SOUPS AND DESSERTS MADE DAILY

PROTEIN SHAKES

FLAVORS:

- VANILLA ICE CREAM
- CHOCOLATE MILKSHAKE
- STRAWBERRY MILKSHAKE
- BANANA
- COOKIES & CREAM

24OZ SHAKE FOR 7.00 ADD 1.00 FOR
PEANUT BUTTER OR FRESH BANANAS

NO SUBSTITUTIONS. PRICES SUBJECT TO TAXES & SUBJECT TO CHANGE WITHOUT NOTICE.